LB 692 and 543

Mental Health and Substance Abuse Service Expansion

Progress Report

On the first six months of implementation (July 2001 through December 2001)

January, 2002

Nebraska Office of Mental Health Substance Abuse and Addiction Services

Nebraska Health and Human Services System

DEPARTMENT OF SERVICES • DEPARTMENT OF REGULATION AND LICENSURE • DEPARTMENT OF FINANCE AND SUPPORT

Table of Contents

I. Introduction		
A.	Legislative Action	1
B.	Governor's Expectations	1
C.	Expectations of HHS Committee	1
D.	Division's Response	1
	Primary Strategies	2
II. Regional Servi	ices Selected	3
III. Summary		4
·	Services Added	4
A.	Residential	5
B.	Non-Residential	6
C.	Emergency Intervention Services	7
D.	Miscellaneous Services	7
	<u>Strategies</u>	8
1.	Eliminate Post Commitment Days	9
2.	Reduce Emergency Protective Custody	9
3.	Inappropriate Level of Care	10
4.	Substance Abuse Admits to Regional Center	10
5.	Special Populations	11
6.	Develop ACT Services	11
7.	Increase Intermediate Level	11
8.	Equitable Distribution in Counties	11

Table of Contents, continued

Appendix A	State Goals and Objectives		
Appendix B	Standards and Expectations		
Appendix C	Regional Implementation Region 1 Region 2 Region 3 Region 4 Region 5 Region 6 		
Appendix D	Proposal Review Criteria Used by Regions		

I. Introduction:

A. Legislative Action:

The 2001 Legislature inacted LB 692 and LB 543, allocating a total of \$9.5 million from the Nebraska Tobacco Settlement Fund, state general funds and federal funds toward the enhancement and expansion of the state's community based behavioral health services. A part of the increased funding provided by LB 543 was targeted by HHSS to mental health services provided under contracts with the four Native American tribes of Nebraska: Winnebago, Omaha, Santee, and Ponca, and to expand Rural Mental Health Crisis Counceling.

The bill also included an additional \$2.6 million for rate increases for providers, \$1.5 million to fund Post Commitment Days, and \$600,000 in FY 02 for prescription medications for indigent persons.

The greater portion of the new funds appropriated in the two bills, however, were distributed by the Office of Mental Health, Substance Abuse and Addiction Services to the Regions to expand local services.

B. <u>Governor's Expectations</u>: The Governor outlined the following on April 18, 2001 at the Region V Special Populations Conference:

"(Mental health) monies are targeted to expand community based services across the state in response to crisis situations at the local level...(monies) focused on five priorities:

- Decreasing the number of post commitment days
- Decreasing the number of Emergency Protective Custody situations
- Decreasing the number of days consumers are served in inappropriate levels of care
- Decreasing the number of commitments to Regional Centers for substance abuse, and
- Increasing the service capacity available to these special populations, including those who are in the juvenile justice system."
- C. <u>Expectations of the leadership of the Unicameral HHS Committee</u>: Senator Jensen, Chair of the Committee, told the Omaha World Herald on February 1, 2001:

"We need an incremental and long-term approach that's focused on removing current deficiencies and barriers in the system and is focused not on the system but on helping people. We need to ensure that basic core services are available and accessible and that they're competently and efficiently provided. And we need to focus on enabling people to help themselves and to live and work in their communities with the greatest possible independence and self-sufficiency."

D. Nebraska Health and Human Service System (HHSS) response:

In order to carry out the expectations of the Legislature and the Governor, the Office of Mental Health, Substance Abuse and Addiction Services of HHSS developed a Statewide Plan, submitted to the Regional Program Administrators, providers, and consumers/advocates on May 22, 2001. The Plan outlined the Goals, Objectives, Action

Steps, Expected Outcomes and Timelines for implementation of LB 692. (See Appendix A). Also included in the Plan were the Standards and Expectations (Appendix B). In June each region was notified of the amount of new funds it would receive and instructions and timelines for submitting plans to the Office. All plans were expected to show direct impact on the Primary Strategies.

Primary Strategies:

- Decrease Post Commitment Days in the Region
- Decrease the number of EPC's
- Decrease the number of days consumers are in inappropriate levels of care
- Decrease the number of commitments to Regional Centers for Substance Abuse Services developed for special populations including individuals in the criminal justice system
- Ensure that services are equitably provided in all counties within the Region based upon need Strategy for providing intermediate level of care in the Region
- Assertive Community Treatment (ACT). This was identified as a Policy Cabinet Priority.

II. Regional Action

Each region received a portion of the expansion funds based on an established distribution formula agreed to by the Regions and approved by HHSS. Each Region developed, subject to approval of Nebraska HHSS, it's own set of services to respond to the state strategies, based on the need of the local population and current service availability. (Appendix C.) Region II completed the process with one round of competitive bids, and was able to begin moving forward with service development in October. Regions I and IV required additional rounds of bidding, but have also completed the process and service development is underway. Regions III, V, and VI are still completing the competitive bid process for some services. The services being developed (by Region) are as follows:

Region I: Community Support (Mental Health)

Local Crisis Response Teams and Emergency Psychiatric Service Coordination

Region II: Short Term Residential Services (Substance Abuse)

Client Centered Support for Persons in Assisted Living and Respite Care

Emergency Community Support

Region III: Community Support (Mental Health and Substance Abuse)

> Day Rehabilitation (Mental Health) Short Term Residential (Substance Abuse) Intensive Outpatient (Substance Abuse)

Outpatient (Substance Abuse) – Drug Court

Crisis Intervention/Emergency Community Support/Civil Protective Custody

Region IV: Community Support (Mental Health and Substance Abuse)

Day Rehabilitation (Mental Health)

Short Term Residential (Substance Abuse)

Dual Disorder Residential Social Detox (Substance Abuse)

CADAC Assessment (Substance Abuse) – Criminal Justice

Crisis Management

Region V: Community Support (Mental Health)

Outpatient (Mental Health)

Vocational Support (Mental Health)

Bi-Lingual/Bi-Cultural Case Management Services

Halfway House (Substance Abuse)

Short Term Residential (Substance Abuse) Intermediate Residential (Substance Abuse) Intensive Outpatient (Substance Abuse)

Emergency Protective Custody Intensive Care Management - High Need

Dual Disorder Residentital

Region VI: Community Support (Mental Health)

> Day Rehabilitation (Mental Health) Intensive Outpatient (Substance Abuse)

Social Detox (Substance Abuse)

Urgent Outpatient/Urgent Medication Management (Mental Health)

Crisis Center

III. Summary

Services to be Added:

Overall, services for an estimated 3,000 – 4,000 additional Nebraskans with mental illness and/or substance abuse recovery needs can be added during Fiscal Year 2002.

Three regions are adding Mental Health Day Rehab Service Capacity. An additional 79 Mental Health Day Rehabilitation service slots are being added with capacity of service to more than 100 individuals.

Three regions are adding Intensive Outpatient Therapy capacity. An estimated 160 additional individuals will be able to be served in this program.

An estimated 60,000 to 70,000 additional Outpatient Therapy hours will be added, including the Region VI Urgent Outpatient Services..

All six regions are adding or expanding emergency or pre-emergency services to provide earlier and less restrictive intervention to individuals in crisis or on the edge of crisis. These services are anticipated to reduce the need for Emergency Protective Custody, which in turn should decrease commitments and post commitment days.

All six regions are adding additional Community Support capacity (estimated 360 individuals) in mental health and three are adding capacity in substance abuse.

Four regions are adding additional Short Term Residential beds for individuals needing Substance Abuse treatment. An additional 18 Short Term Residential Substance Abuse treatment beds are being added, with capability of serving an estimated 216 individuals.

Of the total funds allocated to develop new services in the local communities, an estimated \$2.5 million will not be drawn down during the first year due to time required for the competitive bid process, contract negotiations, and start up.

A. Services Added Residential

Service	Region	Provider	Est Cap Increase*	Primary Strategy/Secondary Strategy Impacted
Substance Abuse		I	1	Impacted
Intermediate	V	Cornhusker Place	14	Decrease the number of
Residential			(7	commitments to Regional Centers
			beds)	for Substance Abuse Services developed.
				 Decrease the number of days
				consumers are in inappropriate
				levels of care.
Short Term Residential	II	St. Monica	48	Decrease the number of commitments to Regional Centers
Residential	III	St. Francis	24	for Substance Abuse Services
		South Central	36	developed.
		Behavioral Health		 Decrease the number of days
				consumers are in inappropriate
	IV	BHS/SOS Place	48	levels of care.
	V	To Be Determined	60	
Halfway House	V	Houses of Hope	4	Decrease the number of
				commitments to Regional Centers
				for Substance Abuse Services
				developed.
				Decrease the number of days
				consumers are in inappropriate levels of care.
Dual Disorder	IV	Well Link	3 beds	Decrease the number of days
Duai District	1 4	WOII LIIIK	3 bcus	consumers are in inappropriate Level
	V	To Be Determined		of Care

^{*}Represents <u>Additional Individuals Served Annually</u>, unless otherwise stated.

B. Services Added - Non Residential

Service	Region	Provider	Est Cap Increase	Pri	mary Strategy
Mental Health	<u> </u>		21101 04150	1	
Day Rehabilitation	III	Central Nebraska Goodwill	4 slots	•	Decrease the number of days consumers are in inappropriate levels
remainment	IV	Sandhills	9 slots		of care
	VI	To Be Determined	68 slots	•	Region VI: Former Paxton Residents
Community Support	I	Western Community Health Panhandle	20 20	•	Decrease the number of days consumers are in inappropriate levels of care
	II	Pawnee Hotel	60		or care
	III	Central NE Goodwill South Central	20 20		
	IV	Behavioral Health	20		
		Sandhills	40		
	V	CenterPointe Community Mental Health	140		
	VI	To Be Determined	20		
Outpatient	V	1.Community Mental Health	40,000	•	Decrease the number of EPC's
_		2. Family Services3.To Be Determined	hours	•	Decrease the number of days consumers are in inappropriate levels
		4. Lutheran Family Services			of care
Vocational Support	V	Community Mental Health	TBD	•	Decrease inappropriate Level of Care
Substance Abus		<u> </u>		1	
Intensive	III	South Central Behavioral	15	•	Decrease the number of commitments
Outpatient		Health - St. Francis			to Regional Centers for Substance Abuse Services developed for special
	V	1. Lutheran Family Services	25		populations including individuals in
		2. To Be Determined	11		the criminal justice system Decrease inappropriate Level of Care
	VI	Lutheran Family Services	108		Decrease mappropriate Dever of Care
Community Support	III	Central Nebraska Goodwill	25		Decrease the number of days consumers are in inappropriate levels
	IV	1. Sandhills	25		of care
		2. BHS	25		Decrease the number of commitments
	V	To Be Determined			to Regional Centers for Substance Abuse
Outpatient	III	St. Francis	60	•	Decrease the number of commitments
(Drug Court		South Central Behavioral			to Regional Centers for Substance
Emphasis)		Health			Abuse Services developed for special
					populations including individuals in the criminal justice system
CADAC	IV	To Be Determined	TBD		Decrease the number of commitments
Assessment -					to Regional Centers for Substance
Criminal					Abuse Services developed for special
Justice					populations including individuals in
					the criminal justice system

C. Emergency Intervention Services

Service	Region	Provider	Est Cap Increase	Primary Strategy
Crisis Center	VI	To Be Determined	416	 Eliminate Post Commitment Days in the Region Decrease the number of EPC's
Emergency Protective Custody	V	Cornhusker Place	TBD	Eliminate Post Commitment Days in the Region
Crisis Intervention	III	To Be Determined	723	 Eliminate Post Commitment Days in the Region Decrease the number of EPC's
Crisis Response Teams	I	In Touch Counseling Panhandle Mental Health	TBD	 Eliminate Post Commitment Days in the Region Decrease the number of EPC's
Urgent Outpatient & Urgent Med. Management	VI	Lutheran Family Services	Up to 1800	 Eliminate Post Commitment Days in the Region Decrease the number of EPC's
Emergency Community Support	I II III	In Touch Counseling Richard Young Hospital To Be Determined	TBD TBD 723	 Eliminate Post Commitment Days in the Region Decrease the number of EPC's
Detox	IV VI	BHS/SOS Place Catholic Charities	200 400	Decrease the number of commitments to Regional Centers for Substance Abuse

D. Miscellaneous Services

Service	Region	Provider	Est Cap	Primary Strategy
			Increase	
Bi-Lingual Bi-Cultural	V	To Be Determined	TBD	Services developed for special populations including individuals in the criminal justice system
Respite – Short Term	V	To Be Determined	TBD	Decrease the number of commitments to Regional Centers for Substance Abuse Services developed for special populations including individuals in the criminal justice system

Strategies:

The strategies affected by the proposed services were the driving force in plan development and approval across the state.

- A. <u>Eliminate Post Commitment Days:</u> Most of the services added were identified by their Regions as having a direct impact on this issue. (See Appendix C) However, those services which are anticipated to the greatest impact are the Crisis Intervention, Urgent Intervention Services, and Emergency Community Support at the "front end" of the service cycle, and additional community based rehabilitation and treatment services to serve individuals ready for release from the regional centers, such as Day Rehabilitation, Short Term Residential, and Community Support.
- B. <u>Decrease the number of EPC's:</u> This strategy is closely tied to front-end causes of post commitment days. The Crisis Intervention related services and Emergency Community Support services are anticipated to have the greatest impact.
- C. <u>Inappropriate Level of Care.</u> Nearly all the services being developed are linked to addressing this strategy. However, those services addressing Level of Care as the primary or only strategy are Community Support, Vocational Support, and Dual Disorder.
- D. 1) Decrease the number of commitments to Regional Centers for Substance Abuse Services
 2) Increase services developed for special populations including individuals in the criminal justice system: Services have been expanded for community based substance abuse treatment in nearly all regions. In addition, two regions have added substance abuse services targeting criminal justice clients. One region, Region V is adding services to address the Bi-lingual, multicultural needs of the area, which has one of the highest concentrations of immigrant populations in the country.
- E. <u>ACT Teams</u>: No regions specifically included ACT Teams in their plans. However, one region, Region V, did establish in its plan a new service described as Intensive Case Management, targeting extra supports to individuals with high rates of recidivism in the mental health system.
- F. 1) Assurance of services based on county need: Region I and Region III addressed this strategy by dividing the regions into two geographic areas for bid purposes, thereby establishing at least two providers for each service, each only half the geographic area. The intent is to bring the services closer to the individual. Region V divided key services in the plan between urban and rural to assure that the key services were more readily available in the more rural counties. Region VI addressed this issue by requiring bidders to provide the service for the whole region, which, though the largest population in the state, also represents the smallest geographic area.
 - 2) <u>Development of intermediate care</u>: Region V addressed this strategy through the addition of Intermediate Residential Services for Substance Abuse. Not specifically addressed by any other region. However, the addition of Day Rehab services in Omaha for former Paxton Residents was driven in part by this need.

Review of Services by Strategy

1.	Eliminate	Post	Commitment	Davs

1. Eliminate Post Com		· · ·
Service	Rg	Provider
Crisis Response Teams	I	In Touch Counseling
Emergency Community Support	I	In Touch Counseling
Community Support	I	Western Community Health Resources
Short Term Res	II	St. Monica
Emergency Community Support	II	Richard Young Hospital
Community Support	III	South Central Behavioral Services
Intensive Outpatient	III	South Central Behavioral Health
Intensive Outpatient	III	St. Francis
Crisis Intervention	III	TBD
Day Rehabilitation	III	Central NE Goodwill
Community Support	III	Central Nebraska Goodwill
Emergency Community Support	III	TBD
Detox	IV	BHS/SOS Place
Community Support	IV	Sandhills
Day Rehabilitation	IV	Sandhills
Community Support	IV	Sandhills
Dual Disorder	IV	Well Link
CADAC Assessment/Criminal Justice	IV	TBD
Community Support	IV	BHS
Short Term Res	IV	BHS/SOS Place
Short Term Res	V	TBD
Dual Disorder	V	TBD
Bi-LingualCultural Service Coordination	V	TBD
Intensive Case Management	V	TBD
Halfway House	V	Houses of Hope
Short Term Res	V	St. Monica's
Intermediate Res	V	Cornhusker Place
Emergency Community Support	V	TBD
Respite - Short Term	V	TBD
Urgent Outpatient/Med. Management	VI	Lutheran Family Serv
Intensive Outpatient Detox	VI VI	Lutheran Family Serv Catholic Charities
Crisis Center	VI	TBD

2. Reduce Emergency Protective Custody					
Service	Rg	Provider			
Crisis Response Teams	I	In Touch Counseling			
Emergency Community	I	In Touch Counseling			
Community Support	I	Western			
		Community			
Community Support	II	Pawnee Hotel			
Emergency Community	II	Richard Young Hospital			
Crisis Intervention	III				
Intensive Outpatient	III	South Central Behavioral Health			
Emergency Community	III				
Community Support	III	South Central Behavioral Services			
Day Rehabilitation	III	Central NE Goodwill			
Community Support	III	Central Nebraska Goodwill			
Intensive Outpatient	III	St. Francis			
CADAC	IV				
Assessment/Criminal Justice					
Dual Disorder	IV	Well Link			
Community Support	IV	Sandhills			
Day Rehabilitation	IV	Sandhills			
Community Support	IV	Sandhills			
Community Support	IV	BHS			
Short Term Res	IV	BHS/SOS Place			
Detox	IV	BHS/SOS Place			
Outpatient	V	TBD			
Dual Disorder	V				
Bi-Lingual/Cultural Serv	V	TBD			
Respite - Short Term	V	TBD			
Short Term Res	V	TBD			
Emergency Community	V	TBD			
Community Support	V	TBD			
Outpatient	V	Lutheran FamilyServ			
Outpatient	V	Family Services			
Outpatient	V	Community Mental Health			
Community Support	V	Community Mental Health			
Community Support	V	CenterPointe			
Intermediate Res	V	Cornhusker Place			
Intensive Case Management	V	TBD			
Urgent Outpatient/Med. Management	VI	Lutheran Family Serv			
Intensive Outpatient	VI	Lutheran Family Serv			
Detox	VI	Catholic Charities			

3. Inappropriate Level of Care

Service		Provider	Intensive Case	V	TBD
Crisis Response Teams	I	In Touch Counseling	Management		
Emergency Community Support	I	In Touch Counseling	Service	Rg	Provider
Community Support	I	Western Community Health Resources	Urgent Outpatient/Med. Management	VI	Lutheran Family Serv
Short Term Res	II	St. Monica			
Emergency Community Support	II	Richard Young Hospital	Intensive Outpatient Detox	VI VI	Lutheran Family Serv Catholic Charities
Short Term Residential	III	St. Francis	Day Rehabilitation	VI	
ntensive Outpatient	III	South Central Behavioral Health	Community Support	VI	TBD
Community Support	III	Central NE Goodwill			
Emergency Community	III	TBD	4 Ch-4 A h A	J	ione to Decimal Contac
Support			4. Substance Abuse A Service	amıss Regi	ions to Regional Center Provider
Community Support	III	South Central Behavioral Services	15 7 7 7	I	In Touch Counseling
Day Rehabilitation	III	Central NE Goodwill	Emergency Community	I	In Touch Counseling
Community Support	III	Central Nebraska Goodwill	Support Community Support	I	Western Community Health Resources
ntensive Outpatient	III	St. Francis	Short Term Res	II	St. Monica
CADAC Assessment/Criminal	IV	TBD	Emergency Community Support	II	Richard Young Hospital
ustice Community Support	IV	Sandhills	CADAC	IV	TBD
Day Rehabilitation	IV	Sandhills	Assessment/Criminal		
Community Support	IV	Sandhills	Justice	13.7	C 11:11
Community Support	IV	BHS	Community Support	IV	Sandhills
Short Term Res	IV	BHS/SOS Place	Community Support Short Term Res	IV IV	BHS BHS/SOS Place
Detox	IV	BHS/SOS Place	Detox	IV	BHS/SOS Place
Oual Disorder	IV	Well Link	Dual Disorder	IV	Well Link
Community Support	V	TBD	Short Term Res	V	St. Monica's
Oual Disorder	V	TBD	Emergency Community		TBD
Bi-Lingual/Cultural Serv Coord	V	TBD	Support Support	v	100
ntensive Outpatient	V	TBD	Halfway House	V	Houses of Hope
ntermediate Res	V	Cornhusker Place	Intensive Outpatient	V	Lutheran Family Serv
Short Term Res	V	TBD	Intensive Case	V	TBD
ntensive Outpatient	V	Lutheran Family Serv	Management		
Halfway House	V	Houses of Hope	Intensive Outpatient	V	TBD
Vocational Support	V	Community Mental Health	Dual Disorder	V	TBD
Emergency Protective Custody	V	Cornhusker Place	Intermediate Res Urgent Outpatient/Med.	V VI	Cornhusker Place Lutheran Family Serv
Short Term Res	V	St. Monica's	Management		
Community Support	V	Community Mental Health			
		•	Intensive Outpatient	VI	Lutheran Family Serv
Community Support	V	CenterPointe	Detox	VI	Catholic Charities

5. Special Populations

5. Special Populations					
Service	Rg	Provider			
Emergency Community Support	I	In Touch Counseling			
Crisis Response Teams	I	In Touch Counseling			
Short Term Res	II	St. Monica			
Outpatient - Drug Ct	III	South Central Behavioral Health			
Community Support	III	Central Nebraska Goodwill			
Day Rehabilitation	III	Central NE Goodwill			
Community Support	III	South Central Behavioral Services			
Short Term Residential	III	St. Francis			
Intensive Outpatient	III	St. Francis			
Outpatient - Drug Ct	III	St. Francis			
Intensive Outpatient	III	South Central Behavioral Health			
Short Term Res	IV	BHS/SOS Place			
Detox	IV	BHS/SOS Place			
Dual Disorder	IV	Well Link			
CADAC	IV	TBD			
Assessment/Criminal Justice					
Vocational Support	V	Community Mental Health			
Intensive Outpatient	V	Lutheran Family Serv			
Intensive Case	V	TBD			
Management					
Bi-Lingual/Cultural Serv Coord	V	TBD			
Crisis Center	VI	TBD			

Service		
202.120	Rg	Provider
Community Support	II	Pawnee Hotel
Emergency Community	II	Richard Young
Support		Hospital
Short Term Res	II	St. Monica
Intensive Outpatient	III	St. Francis
Intensive Outpatient	III	South Central
		Behavioral Health
Outpatient - Drug Ct	III	St. Francis
Outpatient - Drug Ct	III	South Central
		Behavioral Health
Short Term Res	IV	BHS/SOS Place
Community Support	IV	BHS
Detox	IV	BHS/SOS Place
Community Support	IV	Sandhills
Outpatient	V	Lutheran FamilyServ
Community Support	V	TBD
Outpatient	V	TBD
Detox	VI	Catholic Charities
Urgent Outpatient/Med.	VI	Lutheran Family Serv
Management		
Intensive Outpatient	VI	Lutheran Family Serv

6. Develop ACT Services

Service		Provider	
Intensive Case	V	TBD	
Management			

• Increase availability of Intermediate Level

Service	Rg	Provider
Dual Disorder	IV	Well Link
Day Rehabilitation	VI	TBD

Substance Abuse Services Added

Mental Health Services Added			Service Service		Provider Provider
Service	Rg	Provider	Emergency Community	I	In Touch Counseling
Crisis Response Teams	I	In Touch Counseling	Support		
Emergency Community	I	In Touch Counseling	Crisis Response Teams	I	In Touch Counseling
Support		-	Emergency Community Support	II	Richard Young Hospital
Community Support	I	Western Community Health			
Community Support	II	Resources Pawnee Hotel	Emergency Community Support	III	TBD
Emergency Community	II	Richard Young Hospital			
Support	11	rachard Toung Hospital	Crisis Intervention	III	TBD
Community Support	III	Central Nebraska Goodwill	Dual Disorder	IV	Well Link
Day Rehabilitation	III	Central NE Goodwill	Emergency Community Support	V	TBD
Community Support	III	South Central Behavioral			
		Services	Dual Disorder	V	TBD
Crisis Intervention	III	TBD	Bi-Lingual/Cultural Serv Coord	V	TBD
Emergency Community	III	TBD			
Support Community Support	IV	Sandhills	Respite - Short Term	V	TBD
Day Rehabilitation	IV	Sandhills	Intensive Case Management	V	TBD
Dual Disorder	IV	Well Link	Emergency Protective Custody	V	Cornhusker Place
Outpatient	V	Family Services			
Community Support	V	CenterPointe	Crisis Center	VI	TBD
Intensive Case Management		TBD			
Dual Disorder	V	TBD			
Community Support	V	Community Mental Health			
Respite - Short Term	V	TBD			
Outpatient	V	Community Mental Health			
Outpatient	V	TBD			
Community Support	V	TBD			
Vocational Support	V	Community Mental Health			
Emergency Protective	V	Cornhusker Place			
Custody					
Outpatient	V	Lutheran FamilyServ			
Emergency Community	V	TBD			
Support Bi-Lingual/Cultural Serv	V	TBD			
Coord	•	100			
Urgent Outpatient/Med.	VI	Lutheran Family Serv			
Management	3.77	TDD			
Day Rehabilitation	VI	TBD			
Community Support	VI	TBD			
Crisis Center	VI	TBD			

NEBRASKA BEHAVIORAL HEALTH SYSTEM (NBHS) STATEWIDE PLAN GOALS, OBJECTIVES, AND ACTIVITIES

September 30, 2001

GOAL: Improve the operations of the Nebraska Behavioral Health System (NBHS) consistent with the intent of the Governor and Legislature.

The following priorities are established for implementing the requirements of LB 692 and LB 543:

- Decrease the number of Post Commitment Days
- Decrease the number of individuals placed in Emergency Protective Custody (EPC's)
- Decrease the number of days consumers are at inappropriate levels of care
- Decrease the number of commitments to Regional Centers for Substance Abuse and Mental Health
- Increase service capacity for special populations including individuals in the criminal justice system
- Increase service capacity available to Native Americans

OBJECTIVES AND ACTION STEPS

- 1. Increase Mental Health and Substance Abuse Service Capacity and improve consumer access to services.
 - 1.1. Develop Regional Plans of Expenditure for additional services/capacities in accordance with priorities established in the HHSS Statewide plan.
 - 1.2. Develop/implement Regional Request For Proposal (RFP) Process to determine providers of new or expanded services
 - 1.3. Develop and begin operation of Community mental health and substance abuse services in accordance with Regional Plans.
 - 1.4. Increase mental health service capacity for Native Americans.
 - 1.5. Develop and begin operation of additional capacity for Assertive Community Treatment (ACT) services.
 - 1.6. Increase use of Medicaid for Assertive Community Treatment (ACT) teams and coverage of substance abuse services.
 - 1.7. Increase capacity to serve sex offenders at the Regional Centers
 - 1.8. Increase the availability of quality, affordable <u>housing</u> for persons with severe and persistent mental illness and substance abuse/dependency.
 - 1.9. Develop and implement suicide prevention program
- 2. Implement a Rate Setting Methodology and Increase Rates Paid for Services Consistent with Legislative Intent.
 - 2.1. Increase rates paid to providers in NBHS by 7.5% beginning July 1, 2001.
 - 2.2. HHSS and NBHS develop an ongoing process (i.e., biennial review) for reviewing, revising, and recommending rate changes consistent with the cost of doing business.
 - 2.3. Recommend, on a biennial basis, a rate schedule based on rate methodology with the estimated costs for adopting the schedule to administration and legislature

- 3. Improve the process of transitioning consumers between providers.
 - 3.1. Improve the process of moving consumers from Regional Centers to community services.
 - 3.2. Improve the process for moving consumers between community providers
- 4. Improve the Quality and Delivery of Services provided by the NBHS.
 - 4.1. Determine NBHS customer needs and expectations and the level of demand for services
 - 4.2. Develop measures and indicators critical to measuring the success of the NBHS (Key Success Factors)
 - 4.3. Develop and implement a statewide MH and SA strategic plan.
 - 4.4. Develop, as part of Regional plans, a strategy for ensuring current services being delivered to Nebraskans to reflect the need for cultural and gender competency, the increase in the number of older Nebraskans, and a growing ethnic and minority population.
 - 4.5. Establish Employment 2003 Task Force to develop strategy to increase the availability of quality employment for persons with severe and persistent mental illness and substance abuse/dependency.
 - 4.6. Fully implement a quality improvement process for NBHS.
- 5. Improve provider participation in the information system.
 - 5.1. Require all providers in the NBHS and Regional Centers participate fully in the NBHS data information system to facilitate outcome measurement and systems communication.
 - 5.2. Improve the quality of data maintained in the NBHS Management Information System
 - 5.3. Develop a strategy for a single management information system to cover all aspects of the programs administered by the Deputy Director for Behavioral Health through the federal Mental Health Data Infrastructure Grant.
- 6. Develop and Implement a Process for Communicating the Performance of the NBHS.
 - 6.1. Develop and implement a communications plan to educate customers on purpose and performance of NBHS
 - 6.2. Submit Progress Reports to Policy Cabinet, Governor, Legislature
 - 6.3. Report annually to the Legislature and Governor on the performance of the NBHS and its success in resolving the problems identified in this document.

STATEWIDE PLANNING

STANDARDS AND EXPECTATIONS

August 31, 2001

1. Distribution of Funds

Legislative intent as described in proposed legislation is as follows:

- a. Funds will be distributed to Regions "based upon a formula determined by the Department of Health and Human Services in consultation with Regional Governing Boards, providers, and other interested parties."
- b. "The regional governing board shall ensure that such services are equitably provided in all counties within the region based on need."

PLANNING REQUIREMENT:

a. A portion of Regional funds must be allocated to MRO services to ensure that federal funding continues to be made available to ensure continuity of community based services. Approximately \$700,000 of the increase in state funds provided to NBHS in this legislative session will be required to generate the \$1 million increase appropriated in the appropriations bill.

2. Services to be Developed

Legislative intent as described in proposed legislation is as follows:

- a. "The Department and regional governing board shall consult with the Mental Health Planning and Evaluation Council and State Alcoholism and Drug Abuse Advisory Committee on matters relating to the development and funding of services under this subdivision."
- b. "(funding) for the development of community-based mental health and substance abuse services, including intermediate level residential mental health services."
- c. "The regional governing boards shall ensure that such services are equitably provided in all counties with the region based on need."

The Governor has stated that the initial priorities for funding should be targeted at:

- a. Services that decrease the number of post commitment days, decrease the number of EPC's, decrease the number of days consumers spend in inappropriate levels of care, and decrease the number of commitments to Regional Centers
- b. Increasing the service capacity available to special populations including individuals in the criminal justice system.

The HHSS Policy Cabinet has established the planning requirement that Assertive Community Treatment (ACT) is a priority service.

PLANNING REQUIREMENTS:

- a. MRO services must be included in the services to be added in the regions at the funding level described in number one above.
- b. Services funded and developed must as a first priority address the following system outcomes:
 - 1.) Eliminate Post Commitment Days in the Region
 - 2.) Decrease in the number of EPC's.
 - 3.) Decrease in the number of days consumers are in inappropriate levels
 - 4.) Decrease the number of commitments to Regional Centers for Substance Abuse
 - Increase the service capacity for special populations including 5.) individuals in the criminal justice system and individuals with DD and mental illness.
- c. Assertive Community Treatment (ACT) is a priority service for addressing the outcomes identified in (b.) above.
- d. Regions must describe their strategy for ensuring that "services are equitably provided in all counties within the region based on need."

PLANNING EXPECTATIONS:

- a. The lowest cost services (i.e. Community Support) should be funded first. This will facilitate the transition of consumers in higher intensity services to appropriate levels of care and ensure increased continuity of care.
- b. Maximize federal funds by expanding MRO services. To expand MRO services, the HHSS Policy Cabinet strongly encourages the consideration of Assertive Community Treatment (ACT) as a priority service to address outcomes listed in PLANNING REQUIREMENT Above.
- c. Each Region should review and if appropriate address in the Regional plan, the consumer need for intermediate level care in the region.

3. **Competitive Bidding**

Legislative intent as described in proposed legislation is as follows

a. "Services under this subdivision may be provided directly by a regional governing board only after competitive bidding for such services and a determination by the regional governing board with the approval of the Director of Health and Human Services that such services can be more reasonably and beneficially provided by the regional governing board."

PLANNING REOUIREMENT:

a. Regions may deliver services only if a competitive bidding process has been completed and a determination has been made by the regional governing board and the Director of Health and Human Services "that such services can be more reasonably and beneficially provided by the regional governing board."

PLANNING EXPECTATIONS:

a. All services to be funded with the additional monies provided in LB 692 and LB 543 should be competitive bid. In those instances where the Region chooses not to award contracts through a competitive bidding process a rationale and justification for the decision should be provided to the Division of Mental Health, Substance Abuse, and Addiction Services.

4. Management Information System

PLANNING REQUIREMENT:

a. All providers will work with HHSS in ensuring that providers fully participate in the NBHS information system so that the NBHS has timely and accurate information.

5. Performance Outcomes and Measures

Legislative intent as described in proposed legislation is as follows

- a. "The Department . . .shall report annually to the Legislature and the Governor regarding the use of funds appropriated under the act and outcomes achieved from such use."
- b. The Governor has stated that his priorities for measuring NBHS system performance are:
 - 1.) # of Post Commitment Days
 - 2.) # of EPC's
 - 3.) # of days consumers spend at inappropriate levels of care
 - 4.) # of commitments to Regional Centers for Substance Abuse
 - 5.) Service capacity available to special populations including individuals in the criminal justice system.

PLANNING REQUIREMENT

- a. all providers will agree to supply information requested by NBHS for the purpose of measuring performance.
- b. Regions will report performance annually to HHSS in a format agreed to in the NMT including the Regional Centers.

6. Customer and Stakeholder Input

PLANNING EXPECTATION

a. Planning efforts must incorporate customers, providers, and other key stakeholder input.

7. Rate Increases

The funding level and guidelines for implementation of rate increases has not yet been provided by the Legislature. When these requirements are know HHSS will together with Regions and providers develop a process to ensure rate increases are implemented accordingly.

8. Plans of Expenditure

PLANNING REQUIREMENT

- a. Plans of Expenditure (POE's) will be consistent with the process and timelines agreed to in the NMT
- b. Plans of Expenditure (POE's) will be developed in accordance with the Statewide Plan Goal, Objectives, and Standards and Expectations.

B-4

Region I

Region I was allocated \$225,000. The region, serving the western Nebraska Panhandle, serves the smallest percentage of the state's population.

A. <u>How Services were Determined</u>: Input from consumer groups, provider groups, Advisory Committee, and Governing Board blended with the priorities set by the Governor

B. The services and strategies targeted were:

Emergency Psychiatric Service	Decrease Emergency Protective Custody
Coordination in Central area	Eliminate Post Commitment Days
	Inappropriate levels of care
	Reg. Center commitments for adults with substance abuse
	Capacity to special pop.
Expanded Community Support in	Decrease Emergency Protective Custody
north and south areas	Eliminate Post Commitment Days
	Inappropriate levels of care
Local Crisis Response	Decrease Emergency Protective Custody
Teams/Emergency Psychiatric	Eliminate Post Commitment Days
Service Coordination	Inappropriate levels of care
	Reg. Center commitments for adults with substance abuse
	Capacity to special pop.

C. RFP Process: Two rounds of RFP were conducted.

Round I

Event	Date	Comments/Discussion/Issues
Notice of Bidders	6/29/01	Letters sent to all current providers in the Region I network
Conference		plus all private and non-network providers with a presence in
		the region or expressing an interest in the region. Newspaper
		legal notice was sent.
Bidders Conference	7/18/01	26 agencies attended
Held		
Letter of Intent Due	8/3/01	5 received
RFP's Received	8/21/01	4 received for the three services
RFP's Reviewed	8/24/01	Regional staff, a provider, a law enforcement rep. and three
	8/31/01	consumers participated in the review process.
Advisory Council	9/12/01	Advisory Council Considered Technical and Program review
Approval		checklists and prepared recommendation for Governing Board
Governing Board	9/13/01	3 member panel of Region Governing Board members
Approval		reviewed the proposals prior to the meeting and made
		recommendation to the Board
Notice to Providers	9/20/01	Director of Network Services Recommendations and Proposals
		presented to state Division for comment prior to notification of
		awards were made

In the first round two proposals were rejected for technical merit because they omitted material needed to be a network provider and/or did not address the service specifications as distributed in the RFP.

Region I, Continued

Round II

Event	Date	Comments/Discussion/Issues
Notice of Bidders Conference	9/15/01	Same as Round I
Bidders Conference Held	10/10/01	13 attended
Letter of Intent Due	9/9/01	2 received
RFP's Received	11/26/01	1 received by deadline; one requested an extension of deadline due to personal family emergency of author
RFP's Reviewed	11/30/01 12/10 & 11//01	Same as Round I
Advisory Council Approval	12/12/01	Same as Round I
Governing Board Approval	12/13/01	Same as Round I
Notice to Providers	12/19/01	Same as Round I

One proposal for each service was received for the services in the north and central areas; no proposals were received for the services in the south. See Appendix A for Review Criteria.

Round 2 is not yet complete.

The Region requested and received permission for Panhandle Mental Health Center to provide the Expanded Community Support service in the southern area, and the Region to develop the ground work for the Local Crisis Response Team/Emergency Psychiatric Service Coordination for the southern area for a year at which time that service will be RFP'd again.

D. Current Status

Service Provided	Agency	Annualized	Date	Date Expect
		Service Cost	Started	Fully
				Operational
Community Support in northern area	Western Community	\$38,220	10/1/01	10/1/01
	Health Resources			
Local Crisis Response Teams	In Touch Counseling	\$30,000	11/1/01	12/1/01
/Emergency Psychiatric Service				
Coordination in northern area				
Community Support	Panhandle Mental	\$38,220	11/1/01	1/31/01
In southern area	Health Center			
Local Crisis Response Teams	Region I	\$30,000	11/1/01	6/30/01
/Emergency Psychiatric Service				
Coordination in southern area				
Emergency Psychiatric Service	Regional West	\$58,560	1/1/02	3/1/02
Coordination/ Lower Central	Medical Center			
Local Crisis Response Teams	BBGH	\$30,000	1/1/02	TBD
/Emergency Psychiatric Service				
Coordination in upper central area				
Total		\$225,000		

At this time it is unknown what funds will not be drawn down this year due to start up timelines.

Region II

A. Decision Making Process: After talking with the referral sources to the current contractors, the Region determined that by adding six beds there could be a significant reduction in the wait time and thus make the possibility of success in treatment even greater. A high priority need for providers in Region II is access to care for women that addresses their particular needs and that can allow moms to take their children with them

B. The services and strategies targeted were:

Short-Term Residential - SA	Eliminate Post Commitment Days
	Inappropriate Level of Care
	 Decrease the number of commitments to
	Regional Centers for Substance Abuse
Client Centered Support for persons living in	 Decrease the number of days consumers are in
an Assisted Living Facility and Respite Care	inappropriate levels of care
	Decrease Emergency Protective Custody
Coordinated Emergency Support for	Eliminate Post Commitment Days in the Region
Behavioral Health	 Decrease the number of days consumers are in
	inappropriate levels of care
	Decrease Emergency Protective Custody

C. RFP Process

Event	Date	Who Comments/Discussion/Issues
Notice of Bidders Conference	July 20, 2001	The invitation included all providers in the Region II area, all hospitals in the Region, all assisted living facilities in the Region and a news release containing an invitation to The McCook Daily Gazette; Keith County News; Clipper Herald; North Platte Telegraph; Omaha World Herald; Imperial Republican; Tribune Sentinel; Tri City Tribune; Hooker County Tribune; Thomas County Herald; Arthlur Enterprise; Gothenburg Times; Beacon Observer; Elwood Bulletin; and Hitchcock County News.
Bidders Conference Held	August 2, 2001	Representative four agencies attended. Attendance at the bidders conference was not a requirement for bidders.
Letter of Intent Due	August 10, 2001	Six letters of intent were received for the 3 services.
RFP's Received	September 7, 2001	Four proposals were received. Two proposals were received for the Short-Term Residential Service, one proposals was received for the Coordinated Emergency Support for Behavioral Health service, and one proposal was received for the Client Centered Support for persons living in an Assisted Living Facility and Respite Care service.
RFP's Reviewed	September 12, 2001	A subcommittee of the Regional Advisory Committee served as the review committee. Of those involved in the review process, 80% were consumers. There was no screening of proposals as to completeness. None were disqualified.
Advisory Council Approval	September 12, 2001	
Governing Board Approval	September 20, 2001	
Notice to Providers	September 21, 2001	

Region II, Continued

D. Current Status

The following services have been approved in Region II:

Service Provided	Agency	Annualized Service Cost		Date Expect Fully
				Operational
Short-Term Residential - SA	St Monica's	\$ 353,137	October 1,	December 1,
			2001	2001
Client Centered Support for persons	Pawnee Hotel	\$ 93,000	November 1,	December 1,
living in an Assisted Living Facility and			2001	2001
Respite Care				
Coordinated Emergency Support for	Richard Young	\$18,261	November 1,	January 15,
Behavioral Health	Hospital		2001	2002
Total		\$464,398		

All funds have been allocated. It is anticipated that the funds drawn down will be proportionate to the percent of the fiscal year that is left from the time of full operation.

Region: III

A. How Services Were Determined: Services were determined by reviewing past planning efforts such as Behavioral Health Redesign, Long-Term Funding Workgroup, a review of Region III data as it applied to the Governor's and Legislature's priorities for new funds, and discussions with Division staff. Both the BH Redesign and Long-Term Funding planning processes included consumers, providers, and other stakeholders. Emergency services were identified through a planning process with stakeholders in the Region III area, including law enforcement, county attorneys, MHB members, providers, and Division and Region personnel. A thorough review of issues within the current Region III Emergency service system was completed. A plan was presented to and approved by the stakeholder group.

B. Services and Strategies

Services Chosen and Approved	Strategies Effected
 Community Support – MH Community Support SA Day Rehab Outpatient with an emphasis on Drug Court participants Short-Term Residential Intensive Outpatient Emergency Community Support Civil Protective Custody 	 Decreasing post commitment days Decreasing the number of Emergency Protective Custody situations Decreasing the number of days consumers are served in inappropriate levels of care Increase the service capacity available to special populations. Decreasing the number of commitments to Regional Centers for substance abuse; and Increase the service capacity available to special populations

C. RFP Process: Three rounds of RFP were conducted.

Round I

Event	Date	Who Was Involved Comments/Discussion/Issues
Notice of Bidders Conference	6/28/01	All providers were invited to ensure an open process. Mailed notices to "public" and private behavioral health providers statewide. Public notice was placed in the major Nebraska newspapers. Public notice was placed in the major newspapers in Nebraska. Letters were also sent to Evaluation and Selection Committee members, Behavioral Health Advisory Committee members, and Regional Governing Board members.
Bidders Conference Held	7/16/01	Region III personnel presented RFP and required information. Good representation of behavioral health providers both public and private.
Letter of Intent Due	7/24/01	Fourteen letters of Intent were received
RFP's Received	8/10/01	Seventeen proposals were received. All services received at least one proposal.
Advisory Committee Approval	8/20/01	A Review and Selection Committee was utilized, consisting of Behavioral Health Advisory Committee Representation, RGB Representation, Division Representation, and Region III staff. Proposals were mailed to all members with Review Criteria, guidelines and a review form (See Appendix A)
Regional Governing Board	8/24/01	The RFP process was presented to the Board as an overview. The
Approval		Board approved the committee's funding recommendations.
Notice to Providers	8/28/01	RPA sent letters to all those that submitted proposals as well as those providers selected to provide the services in the RFP on the 2 nd business day after the announcement during the RGB meeting.

Region III, Continued

Intensive Home-Based Support Services for Pregnant Women and Women with Children Service withdrawn prior to the due date for proposals, after the region learned the plan would not be approved by the Division of Mental Health, Substance Abuse and Addiction Services due to the question as to meeting the intent of LB 692. All proposals received were complete. No proposals were disqualified. The Region did not review those proposals that were submitted for services withdrawn from the RFP. The decision to withdraw the services was made at the time the proposals were due.

Round II: Short Term Residential Only

It was determined, after discussions with the Division, that 5 additional beds were needed for Short-Term Residential, and that Region III would issue another RFP for Short-Term Residential since the first RFP asked for 1 additional bed.

	Date	Who Was Involved Comments/Discussion/Issues
Event		
Notice of Bidders Conference	8/28/01	The region determined that all providers of Short-Term Residential as well as the psychiatric hospitals in Region III should be invited to ensure an open process. Public notice was placed in the major Nebraska newspapers.
Bidders Conference Held	9/10/01	
Letter of Intent Due	9/18/01	Three letters of Intent were received
RFP's Received	10/15/01	Two proposals for each service were submitted. Both proposals were complete. No proposals were disqualified. Review criteria was the same as Phase I. "
Advisory Council Approval	11/15/01	"One Consumer/parent represented the Region III Behavioral Health Advisory Committee (BHAC) on the review committee.
Regional Governing Board Approval	11/16/01	Same as Round I
Notice to Providers	11/19/01	"

Round III: Emergency Community Support and Civil Protective Custody

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Event	Date	Who Was Involved Comments/Discussion/Issues	
Notice of Bidders Conference	11/21/01	Notices were published in the major newspapers in Nebraska. Providers from across the state were invited.	
Bidders Conference Held	12/03/01		
Letter of Intent Due	12/14/01		
RFP's Received		Due 1/17/02	
Advisory Council Approval		Due 1/25/02	
Regional Governing Board Approval		Due 1/25/02	
Notice to Providers		Notice will be sent on 1/28/02	

Round III is not yet completed.

Region III, Continued

D. Current Status:

SERVICE	PROVIDER	FUNDS AWARD	Start Date	Date Fully Operational
Mental Health				
Day Rehabilitation/Area 1	Central Nebraska Goodwill Industries	\$42,807		
Community Support/MH MRO/Area 1	Central Nebraska Goodwill Industries	\$30,883		
Community Support/MH Non-MRO/Area 2	South Central Behavioral Services	\$27,696		
Crisis Intervention/Adams, Buffalo & Hall Counties	TBD	\$90,370		
Emergency Community Support		\$92,169		
Civil Protective Custody Substance Abuse				
Short Term Residential	St. Francis Alcohol and Drug Treatment Center	\$100,781		
	Behavioral Health Specialists - Seekers of Serenity	\$149,318		
Community Support Area 1	Central Nebraska Goodwill Industries	\$38,799		
Intensive Outpatient Area 1	St. Francis Alcohol and Drug Treatment Center	\$16,825		
Intensive Outpatient Area 2	South Central Behavioral Services	\$19,781		
Outpatient (includes increased capacity/individuals in Drug Court) Area 1	St. Francis Alcohol and Drug Treatment Center	\$52,224		
Outpatient/Area 2	South Central Behavioral Services	\$34,807		
T	OTAL	\$696,469		

Region IV

<u>A. How Services were Determined</u>: Community meetings, Advisory Committee input, Provider meetings from January 2000 – June 2001. Identified needs were prioritized; ultimately services were chosen based upon legislative and gubernatorial targeted priorities and goals. All services put out for bid were chosen based upon having a significant impact on problem areas (i.e. post commitment days, provision of services most likely to help consumers transition into the community.)

B. Services & Strategies Approved

Community Support-	Decreasing post commitment days
Mental Health	Decreasing post communications Decreasing the number of Emergency Protective Custody situations
	Decreasing the number of days consumers are served in inappropriate levels of
	care
Day Rehab	Decreasing post commitment days
	Decreasing the number of Emergency Protective Custody situations
	• Decreasing the number of days consumers are served in inappropriate levels of
	care
Community Support –	Decreasing post commitment days
Substance Abuse	Decreasing the number of Emergency Protective Custody situations
	Decreasing the number of days consumers are served in inappropriate levels of care
	Decreasing the number of commitments to Regional Centers for substance
	abuse
Short Term Residential	Decreasing post commitment days
Substance Abuse	Decreasing the number of Emergency Protective Custody situations
	• Decreasing the number of days consumers are served in inappropriate levels of
	care
	Decreasing the number of commitments to Regional Centers for substance
	abuse
Detox	Decreasing post commitment days
	Decreasing the number of Emergency Protective Custody situations
	Decreasing the number of days consumers are served in inappropriate levels of care
	Decreasing the number of commitments to Regional Centers for substance
	abuse
Dual Disorder	Decreasing post commitment days
	Decreasing the number of Emergency Protective Custody situations
	 Decreasing the number of days consumers are served in inappropriate levels of care
	Decreasing the number of commitments to Regional Centers for substance
	abuse
	Increase the service capacity available to special populations
CADAC Assessment	Decreasing post commitment days
Criminal Justice	Decreasing the number of Emergency Protective Custody situations
	Decreasing the number of days consumers are served in inappropriate levels of care
	Decreasing the number of commitments to Regional Centers for substance
	abuse
	Increase the service capacity available to special populations

Region IV, Continued

B. RFP Process: Two rounds of RFP were conducted.

Round 1

Event	Date	Comments/Discussion/Issues
Notice of Bidders Conference	7-2-01	Region IV targeted a broad base of possible interested parties, community providers (within and outside of the Region 4 network), mailing lists obtained from the Nebraska Association of Behavioral Health Organizations and the Children and Families of Nebraska provider coalition. In addition, invitations were sent to a broad base of law enforcement, hospitals and other entities that might have an interest. Announcements were put in newspapers throughout the region. A total of <u>270</u> notices were sent statewide
Bidders Conference Held	7-12-01	19 Agencies Attended
Letter of Intent Due	7-26-01	14 Letters of Intent received
RFP's Received	8-10-01	Community Support SA - 2; Short Term Residential – 1 Detox – 1; Community Support MH – 1; Day Rehab – 1; Dual Diagnosis Residential - 1
RFP's Reviewed	8-22-01	The review committee consisted of 3 Governing Board Members, 3 Advisory Committee Members and 3 Region 4 Behavioral Health System staff. Two consumers served on the committee. See Appendix D.
Advisory Council Approval	7-19-01	
Governing Board Approval	8-24-01	
Notice to Providers		Providers attended the Governing Board Meeting and heard the decision of the board. Meetings were set up with each individual agency to continue the contractual process.

Because of the small number of proposals received, the Region focused on the desired intent of each proposal and whether that was congruent with our intended targets. All proposals submitted were considered. From the recommendations made by the Region 4 Advisory Committee and the review committee, the Regional Governing Board approved the recommendations and specified that the Regional Program Administration should continue negotiations with the recommended program to finalize details regarding services to be delivered and to finalize a contract for the provision of services.

Round 2

Event	Date	Comments/Discussion/Issues
Notice of Bidders Conference	8-30-01	175 Letters were sent to providers in and outside of Region 4, including Region 4 community providers (within and outside of the Region 4 network) as well as community hospital, law enforcement, and other entities that might have an interest. Announcements were also put in newspapers throughout the region
Bidders Conference Held	9-11-01	Nine agencies attended.
Letter of Intent Due	9-25-01	Four letters of intent were received.
RFP's Received	1	One proposal was submitted for Crisis Management.
RFP's Reviewed	1	See next page See Attachment # 3.
Advisory Council Approval	10-18-01	Same as Round I
Governing Board Approval	11/16/01	
Notice to Providers		Meetings were set up with each individual agency to continue the contractual process

Region IV, Continued

D. Current Status

Service Provided	Agency	Annualized	Start Date	Date Fully
		Service		Operational
		Cost		
CS-MH (1 position)	Sandhills MH & SA	\$58,824	10/01/01	2/01/02
Day Rehab	Sandhills MH & SA	\$106,428	10/01/01	3/01/02
CS-SA (1 position)	Sandhills MH & SA	\$60,309	10/01/01	2/01/02
CS-SA (1 position)	BHS	\$60,309	9/01/01	12/01/01
Short Term Res.	BHS –SOS Place	\$235,425	9/01/01	10/01/01
Detox	BHS – SOS Place	\$40,807	9/01/01	10/01/01
Dual Disorder	W.E.L.L. Link	\$239,135*	10/01/01	02/01/02
CADAC Assessment	To Be Determined	\$9,000		
Criminal Justice				
Crisis Management	Rainbow Center	146,306	01/01/02	04/02/01
Tota	1	\$810,118		

^{*}Includes one-time start-up funds of 36,669.

Region IV anticipates \$209,807will not be drawn down this year due to start up timelines. These funds are expected to be drawn down next year with units. No bids were received for Intermediate Residential – 8 beds and Crisis Management during Round I. Crisis Management \$127,027 is still not allocated. Region IV is meeting with a group from Valentine on 12-11-01 to discuss Crisis Management. No bids were received for Dual Diagnosis – 5 Beds - \$337,443. A meeting is set with W.E.L.L. Link on 12-18-01 to further discuss this service. Region IV anticipates \$185,634 will not be drawn down this year due to start up timelines. However the funds will be drawn down next year in units.

Region V

The total new funds allocated to Region V was \$2,256,193.

A. How Services were Determined: Planning groups were used involving consumers, providers, Behavioral Health Advisory Committee members, and Regional Governing Board members, with an emphasis on meeting the priorities established by the Governor, Legislature, and Department of Health and Human Services, and incorporating the previous year's six year planning process In determining the Round 2 services, those services that did not receive awards in full or in part were again identified for re-application. Using the six-year plan previously developed, top-priority services previously not considered in Round 1 were identified through a series of meetings including consumers, providers, BHAC members and Regional Governing Board members. Following the identification of the additional services, planning meetings were held to develop program service specifications to ensure the services could be done for the available funding and that the services would meet the priority strategies.

B. Strategy and Services Approved: Two rounds of approvals and RFP were conducted.

	1
Intermediate Residential - Substance Abuse	Decrease Post Commitment Days
	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
	Decrease Substance Abuse commitments
Short-Term Residential - Substance Abuse	Decrease Post Commitment Days
	Decrease Inappropriate Levels of Care
	Decrease Substance Abuse commitments
Intensive Care Management for High Utilizers of	Decrease Post Commitment Days
Mental Health & Substance Abuse Services	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
	Decrease Substance Abuse commitments
	• ACT
Emergency Community Support Mental Health &	Decrease Post Commitment Days
Substance Abuse	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
	Decrease Substance Abuse commitments
Halfway House for Males - Substance Abuse	Decrease Post Commitment Days
	Decrease Inappropriate Levels of Care
	Decrease Substance Abuse commitments
Community Support - Mental Health - Rural	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
	Equitable Distribution of Services
Community Support - Mental Health - Urban	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
Outpatient Mental Health & Subst. Abuse Urban	Decrease Emergency Protective Custody
Outpatient Mental Health & Substance Abuse - Rural	Decrease Emergency Protective Custody
	Equitable Distribution of Services
Intensive Outpatient for Drug court Substance Abuse	Decrease Inappropriate Levels of Care
	Increase services to Special Populations
Emergency Protective Custody Mental Health &	Decrease Inappropriate Levels of Care
Substance Abuse	

Vocational Support Mental Health	Decrease Inappropriate Levels of Care
	Increase services to Special Populations
Short-Term Respite - Mental Health & Substance	Decrease Post Commitment Days
Abuse	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
Bi-Lingual/Bi-Cultural Service Coordination -	Decrease Post Commitment Days
Mental Health & Substance Abuse	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care
	Increase services to Special Populations
Dual Disorder Residential - Mental Health &	Decrease Post Commitment Days
Substance Abuse	Decrease Emergency Protective Custody
	Decrease Inappropriate Levels of Care

C. RFP Process

Round 1

Event	Date	Who Involved/Comments/Discussion/Issues
Notice of Bidders Conference	6-15-01, 6-17-01 &	Letter was mailed to 182 "interested parties" in the community. Legal notice of the Bidders Conference was published in the Journal Star.
	6-24-01	
Bidders Conference Held	6-25-01	62 people attended. Over 3 hours of detailed technical assistance was provided, including a review of materials, services being bid, application process, general instructions, proposal format, "Minimum Standards" for new applicants, and proposal evaluation process.
Letter of Intent Due	7-27-01	49 Letters of Intent were received from 15 providers.
RFP's Received	8-20-01	25 proposals were received from 11 providers Region V staff conducted an initial review to ensure basic bid standards were met. Of the 25 proposals received, 14 had delinquent areas that did not meet these basic requirements. Those applicants were notified of the opportunity to correct these deficiencies so their proposals could be forwarded to the Review Committees. All but one applicant made the required changes.
RFP's Reviewed	8-30-01 to 9-05-01	Review Committees were established by soliciting volunteers from the community (consumers and interested people), Region V's BHAC members and RGB members, & Region V staff; 2 consumers participated in the review process. The first stage involved an in-depth evaluation by the established Review Committees. The final review, representing the RGB's consideration of the Review Committee's recommendations was done at the RGB's public meeting on 9-10-01.
Review & Advisory Council Approval	N/A	Based on the legal advice of Region V's attorney, proposal evaluation scores and review comments were not be made public; the complete information was only shared amongst the RGB, as the legal entity, and Region V staff. However, the advisory committee who served on the Review Committees played an active role.
Governing Board Approval	9-10-01	RGB members were provided with a "working notebook" containing proposal evaluation scores, Review Committee comments, and recommendations for all Program Service Specifications issued. The RGB discussed each one individually and made motions for each that included approval of service provider, dollar award, & capacity.
Notice to Providers	9-17-01	Applicants were advised they would be kept apprized of additional funding opportunities as they come available.
	9-25-01	Providers were advised they could begin to develop/provide services. They were also advised to submit a "Monthly Milestone Report" to the Region to document progress made to date.

Region V, Continued

For Round 1, Region V received a bid for all PSS's issued.

Round 2

Event	Date	Comments/Discussion/Issues
Notice of Bidders	11-16-01	Letter was mailed to 134 "interested parties" in the community.
Conference	11-25 &	Legal notice of the Bidders Conference was published in the Journal
	12-02-01	Star.
Bidders Conference Held	12-03-01	18 people attended Changes to Round 1's RFP were discussed as well
		as an overview of the services being RFP'd. Individual technical
		assistance was offered to current providers and new applicants who
		wanted a more comprehensive overview of the application process.
Letter of Intent Due	12-17-01	
RFP's Received	1-07-02	
RFP's Reviewed	1-17-02 to	Same as Round 1. The final review will represent the Regional
	1-22-02	Governing Board's consideration of the Review Committee's
		recommendations at the RGB's public meeting on 1-28-02.
Review & Advisory	N/A	Advisory committee members will serve on the Review Committees.
Council Approval		
Governing Board Approval	1-28-02	RGB & Region V Staff Will be conducted similar to Round 1.
Notice to Providers	2-11-02	Letters will be sent to all providers who bid on services. Providers
		will be advised to submit a "Monthly Milestone Report" to the Region
		to document progress made to date. Applicants who may not receive
		an award will be advised they will be kept apprized of additional
		funding opportunities as they come available.

C. Current Status

Service Provided	Agency	Annual Service Cost	Date Started	Date Fully Operational
Intermediate Residential - Substance Abuse	Cornhusker Place	\$239,940	October 2001	November 2001
Community Support - Mental Health - Urban	CenterPointe Community Mental	\$117,648	November 2001	January 2002
Outpatient - Mental Health & Substance Abuse - Urban	Health Center Community Mental Health Center	\$411,768 \$49,950	November 2001	December 2001 October 2001
	Family Service	\$50,050	September 2001	October 2001
Outpatient - Mental Health & Substance Abuse - Rural	Lutheran Family Services TBD	\$22,500 \$77,500	September 2001	October 2001
Short Term Residential - Substance Abuse	St. Monica's TBD	\$235,425 \$235,425	November 2001	December 2001
Emergency Protective Custody Mental Health & Substance Abuse	Cornhusker Place	\$25,000	November 2001	December 2001
Vocational Support - Mental Health	Community Mental Health Center	\$4,000	November 2001	December 2001
Halfway House Males/ Substance Abuse	Houses of Hope	\$37,000	September 2001	October 2001

Intensive Outpatient Urban Substance	Lutheran Family	\$39,732	November	November 2001
Abuse/Drug Court	Services		2001	
	TBD	\$17,028		
Community Support Mental Health	TBD	\$58,825		
Rural				
Emergency Community Support	TBD	\$58,825		
Intensive Casre Management/Mental	TBD	\$82,676		
Health & Substance Abuse				
Short-Term Respite - Mental Health &	TBD	\$270,220		
Substance Abuse				
Bi-Lingual/Cultural Service	TBD	\$40,626		
Coordination Mental Health &				
Substance Abuse				
Dual Disorder Residential - Mental	TBD	\$182,000		
Health & Substance Abuse				
Total		\$2,256,138		

As of this writing \$1,023,180 remains to be allocated from Round 1as follows: \$530,334 will be rebid (6 of the PSS's from Round 1) in Round 2 because 1) several providers who applied for services in Round 1 did not meet the requirements of the PSS's; or 2) not all the funds were allocated for a particular PSS. In addition, \$492,846 was withdrawn at the direction of the Policy Cabinet because these PSS's were designated for children's, prevention, and developmental disabilities services.

Region V anticipates the following funds will not be drawn down this year due to start up timelines.

	Anticipated Amount Drawn Down	Anticipated Amount Not Drawn Down
Start Up For Round 1	\$49,250	- 0 -
Capacity Funds for Round 1	\$887,822	\$295,941
Capacity Funds for Round 2	\$511,590	\$511,590
Total Funds	\$1,448,662	\$807,531

Region 6

Region VI received \$3,243,077 in funds to expand or enhance services. Included in that figure was \$1,151,640 to continue services to former Paxton Manor residents that were initiated last fiscal year in response to the facility's closing. The closing left 105 individuals with severe and persistent mental illness in need of housing and services.

<u>A. How Services were Determined:</u> Three planning efforts: Network providers, Emergency Psychiatric Service System Redesign, and Region 6 staff.

B. Strategy and Services Approved

Services Chosen and Approved	Strategies Effected
Urgent Outpatient Mental Health	 Decrease Post Commitment Days Decrease Emergency Protective Custody Decrease Inappropriate Levels of Care Decrease Substance Abuse commitments
Intensive Outpatient Substance Abuse	 Decrease Post Commitment Days Decrease Emergency Protective Custody Decrease Inappropriate Levels of Care Decrease Substance Abuse commitments
Social Setting Emergency Detoxification	 Decrease Post Commitment Days Decrease Emergency Protective Custody Decrease Inappropriate Levels of Care Decrease Substance Abuse commitments
Day Rehabilitation	 Decrease Inappropriate Levels of Care Final Closure on Paxton Service Crisis
Community Support	 Decrease Post Commitment Days Decrease Emergency Protective Custody Decrease Inappropriate Levels of Care
Crisis Center	 Decrease Post Commitment Days Decrease Emergency Protective Custody Decrease Inappropriate Levels of Care Decrease Substance Abuse commitments

Region VI, Continued

C. RFP Process: Two rounds of RFP were conducted.

Round 1

Event	Date	Who was Involved/ Comments/Discussion/Issues
Notice of Bidders	7/27/01	Mailed bidders conference announcement to approximately 300 public,
Conference		private, non-profit and for-profit organizations and individuals in the 5-
		county area. Placed public meeting notice in newspapers all the counties.
Bidders Conference Held	8/6/01	40 persons attended. Region 6 staff reviewed RFP funding,
		program/service specifications, process, timelines, forms, instructions, and
		evaluation process.
Letter of Intent Due	8/13/01	Received letters of intent from 16 agencies. Eleven of the 16 letters from
		network providers; 5 from non-network providers.
RFP's Received	9/5/01	Received 16 proposals from 10 agencies: Outpatient Mental Health - 3
		proposals; Intensive Outpatient Substance Abuse -6 proposals; Social
		Setting Emergency Detoxification - 1 proposal; Short-term Residential
		Mental Health - 3 proposals; Psychiatric Residential Rehabilitation - 1
		proposal
RFP's Reviewed	9/6/01-	Review Committee. Despite efforts to include consumer involvement in
	9/28/01	the review process, the Region was unable to identify anyone to
		participate Two proposals from one agency were substantially incomplete
		and found unacceptable for further review.
Advisory Council	10/10/01	BHAC, Region 6 staff Received Review Committee report and
Approval		recommendations. Residential Rehabilitation withdrawn; funds proposed
		for Day Rehabilitation and Community Support Mental Health.
Governing Board	10/17/01	Board approved Outpatient Mental Health, Intensive Outpatient Substance
Approval		Abuse, and Social Setting Emergency Detoxification.
Notice to Providers	10/24/01	

The proposal review criteria mirrored exactly the RFP instructions. A review checklist was developed with a point value for each element of the proposal.

Request for Proposal (Round 2) timeline was as follows:

Notice of Bidders Conference	11/16/01
Bidders Conference	11/26/01
Letter of Intent Due	12/4/01
Proposals Due	12/18/01
Review of Proposals	12/19/01-1/2/02
Review and Recommendation by Advisory Committee	1/9/02
Governing Board Approval	1/16/02
Written Announcement of Funding	1/23/02

Region VI, Continued

C. Current Status

Service Provided	Agency	Annual	Date	Expect Fully
		Service Cost	Started	Operational
Outpatient Mental Health	Lutheran Family Services	\$387,509	1/1/02	1/1/02
Intensive Outpatient Substance Abuse	Lutheran Family Services	\$183,054	1/1/02	4/1/02
Social Setting Emergency Detoxification	Catholic Charities	\$339,725	1/1/02	1/1/02
Crisis Center	TBD	\$698,694		
Day Rehab	TBD	\$593,400		
Community Support Mental Health	TBD	\$58,824		
Total		\$1,854,047		

Two services, Short-term residential services, and Psych Residential Rehabilitation were withdrawn from consideration.

The Region anticipates \$1,080,000 will not be drawn down this year due to start up timelines.

40

REGION II HUMAN SERVICES REVIEW COMMITTEE EVALUATION AND SCORING SHEET

oyes o no	Eligibility Criteria – page 11	oyes o no	Executive Summary
oyes o no	Letter of Intent	oyes o no	Is it complete?
oyes o no	Proposal in by due date and time	oyes o no	Is it thorough?
oyes o no	One original and 10 copies	oyes o no	Is it understandable?
oyes o no	Forms complete		
oyes o no	Cover Page, CEO's signature		

A. Program Narrative (40 points)

Question	Max	Pts
	Pts	Scored
Does the applicant's proposal meet the purpose stated?	Y N	
Has the applicant adequately shown a need for the program/service	Y N	
Is the applicant's target population and/or geographic area clearly identified and does it fit the stated intent in the RFP?	YN	
Is the applicant's proposed program/service well organized?	10	
Are the applicant's goals and objectives clearly stated, appropriate, and consistent with the stated objectives described in the program/service specifications?	10	
Are the applicant's process and outcome objectives measurable?	Y N	
Is the admission criteria consistent with the program/service specifications?	Y N	
Is the applicant's assessment process appropriate for the target population?	10	
Are the applicant's specific services to the consumer clearly identified and consistent with the program/service specifications?	10	
Does the applicant's proposed program/service involve an appropriate amount of direct consumer involvement?	Y N	
Does the applicant's proposed service/program have adequately trained and experienced staff?	Y N	
Does the applicant's proposed program/service have an effective quality assurance plan?	Y N	

TOTAL POINTS THIS SECTION B. Development/Implementation Time-line Plan (30 points)

Are the applicant's BH-5's attached?	Y N	
Has the applicant provided a workable development process/Implementation schedule?	10	
Has the applicant formally stated the steps in its evaluation process? Are they workable?	10	
Are the applicant's goals and objectives reasonable and necessary?	Y N	
Is the time frame for the development and delivery of services acceptable?		
TOTAL POINTS THIS SECTION		

C. Budget and Budget Justification Narrative (30 points)

Is the applicant's itemized budget appropriate for the program/services proposed?	10	
Has the applicant produced a complete itemized budget? Is it reasonable?	ΥN	
Has the applicant adequately justified the expenses listed in the budget?	10	
Has the applicant clearly provided time frames for becoming operational to serve new consumers?	10	
Are they reasonable?		
TOTAL POINTS THIS SECTION	30	

SCORING RECAP (Please complete recap and record Grand Total on Page 1):

SECTION	Max Y (YES)	Maximum Pts	TOTAL POINTS
A. Program Narrative	8	40	
B. Development/Implementation Time Line Plan	2	30	
C. Budget and Budget Justification narrative	1	30	
TOTAL POSSIBLE POINTS / OR YES	11	100	

Do you think this proposal will work to achieve the desired service and outcomes? Yes/No Why?

Other comments:

Region III

A. Program Narrative (60 points)

QUESTION	MAXIMUM POINTS	POINTS SCORED
Is the applicant's purpose for the program/service clearly stated?	5	
Has the applicant adequately shown a need for the program /service?	5	
Is the applicant's target population and /or geographic area clearly	5	
identified?		
Is the applicant's proposed program/service well organized?	5	
Are the applicant's goals and objectives clearly stated, appropriate, and	5	
consistent with the stated objectives described in the program/service specifications?		
Are the applicant's process and outcome objectives measurable?	5	
Are the applicant's goals and objectives Are the applicant's goals and objectives	5	
Is the admission criteria consistent with the program/service	5	
specifications?	3	
Is the applicant's assessment process appropriate for the target population?	5	
Are the applicant's specific services to the consumer clearly identified and	5	
consistent with the program/service specifications?		
Does the applicant's proposed program/service involve an appropriate	5	
amount of direct consumer involvement? Does the applicant's proposed		
service/program have adequately trained and experienced staff?		
Does the applicant's proposed program/service have an effective quality assurance plan?	5	
TOTAL POINTS THIS SECTION	60	

B. Development/Implementation Time line Plan (15 points)

QUESTION	MAXIMUM	POINTS
	POINTS	SCORED
Are the applicant's BH-5s attached?	3	
Has the applicant provided an workable development	3	
process/implementation schedule?		
Has the applicant formally stated the steps in its evaluation process?	3	
Are the applicant's goals and objectives reasonable and necessary?	3	
Is the time frame for the development and delivery of services acceptable?	3	
TOTAL POINTS THIS SECTION	15	

C. Budget and Budget Justification narrative (25 points)

QUESTION	MAXIMUM POINTS	POINTS SCORED
Is the applicant's itemized budget appropriate for the program/services	5	
proposed?		
Has the applicant produced a complete itemized budget?	5	
Has the applicant adequately justified the expenses listed in the budget?	5	
Has the applicant clearly provided time frames for becoming operational to	5	
serve new consumers?		
Does the organization's independent audit demonstrate fiscal stability	5	
sufficient to ensure consistent operation of this program/service?		
TOTAL POINTS THIS SECTION	25	

Region IV Service Proposed:

	•			-	
Name and address of the provider agency with an explanation of why the provider is capable amount of time (up to a maximum of 12 months) needed to develop the service and the dates	of providing t s of the servic	his progran e developn	n. Identify nent period	the spe d reque	ecific ested.
Describe the purpose of the program					
Describe the need for the program					
Describe the target population to be served					
How will the program be organized					
List and explain the goals of the program which describe specific, measurable desired outcomes from a consumer's point of view					
Describe admission criteria and procedures for consumers to access the program					
Describe the assessment process and procedures					
List and include complete explanations of the specific services to be provided directly to the consumer					
Describe the procedures for direct consumer involvement in the program					
Discuss the capacity anticipated for the program					
Discuss the program staffing proposed					
Describe the quality assurance plan which will be used for this program and directed at desired outcomes for the consumer					
Identify the specific facility needs of the program and explain how the program will meet those needs.					

Region V Review Criteria

The Regional Governing Board shall conduct a fair and comprehensive evaluation of all applications received in accordance with criteria set forth below. A contract award will be based on the highest quality of service that meets the Regional Governing Board's requirements, at the most economical cost. All proposals will be scored as part of the evaluation process. Each proposal will initially be reviewed to ensure it meets the basic standards for the bid. (i.e. funding criteria, general instructions for submission of proposals, minimum standards, and the executive summary.)

Proposals that meet all the requirements of this initial review will be forwarded to the Review Committee for a complete evaluation of the proposal. The state guidelines for a Capacity Development Plan outlines specifically the questions that each reviewer will be asking of the proposal. (See state guideline on Capacity Development Plans).

In addition, Region V Systems Priorities for the Behavioral Health System are reviewed:

Has the applicant demonstrated that they have the ability to make a difference to the population identified? Is the applicant's proposed program/service a cost-effective solution to the problems that they address? Can the applicant's proposed program/service be developed and implemented in a short (or reasonable) period of time? Does the applicant's proposed program/service address the requirements of the Department of Health and Human Services? Has the applicant demonstrated accountability for its actions? Does the applicant's proposed program/service strengthen the current infrastructure without duplicating supportive cost, services, or previously spent start-up costs?